

**YMCA of Rock River Valley
Camp Winnebago**

**High Ropes Course, Climbing Wall, Mobile Climbing Wall & Adventure Camp
Program**

Release of Liability, Indemnification and Assumption of Risk Agreement

Climbing activities are strenuous and psychologically demanding and require participants to be in good physical condition. While it is impossible to guarantee absolute safety, reasonable precautions are taken to provide proper organization, supervision, instruction, and equipment to help minimize the risks involved with each activity. Although it is impossible to foresee all possible dangers, and prevent all possible injuries, some specific risks inherent in participating in the high ropes course, climbing wall and mobile climbing wall program (the "Program") include, but are not limited to, injuries occurring from slipping, falling, running or jumping. Physical injuries which can occur from participation in the Program include, but are not limited to, insect bites or stings, cuts, abrasions, sprains, broken bones, concussions, head injuries, spinal injuries, and death.

ACKNOWLEDGMENT OF RISKS

- The program participant named below ("Participant"), and/or the parent of a minor participant named below ("Parent") acknowledges and understands that participation in the Program involves potential risk of physical injury. Injury may not only occur as a result of the Participant's own actions, inaction, or negligence, but also may occur as a result of the actions, inaction, or negligence of others, the condition of the environment, equipment, or areas where the event or activity is being conducted.
- The Participant and/or Parent understand that the Program is physically demanding and potentially dangerous. Therefore, all participants must be free of medical or physical conditions that might create undue risk to themselves or others. (If there is any questions about the Participant's ability to participate, please consult with the Participant's physician prior to signing this form or participating in the Program.)
- Participant and/or Parent understand that this is a voluntary Program and that the Participant should participate to the extent that they feel appropriate for their own physical condition and skill level.
- Participant shall not participate in the Program if under the influence of drugs or alcohol.

The Participant/Parent specifically assume any and all risks of injury, illness, death, liability, damages, or losses arising out of Participant's participation in the Program, use of the equipment or facilities, or participation in related activities.

RELEASE

Participant and Parent, hereby, for himself/herself, his/her heirs, executors and administrators, waive, release, and agree to hold harmless and agree to indemnify YMCA Camp Winnebago, the YMCA of Rock River Valley, and their officers, directors, agents, employees and volunteers from all injuries, claims, liability or damages arising out of participation in the Program by Participant.

MEDICAL TREATMENT

The Participant and/or the Parent authorize treatment of the Participant by a licensed medical doctor in the event of an injury arising out of participation in the Program.

Participant and/or Parent hereby certify that Participant is in good health and physical condition and has no physical limitations which would preclude safe participation in the Program.

Participant Information

Printed Name of Participant

Signature of Participant

Address

City, State and Zip Code

Home Phone #

Emergency Phone #

Date

If the above named Participant is under the age of 18, the Participant's Parent agrees to all of the foregoing, as indicated by the Parent's signature hereto.

Printed Name of Parent

Signature of Parent

Date

Address

City, State and Zip Code

Home Phone #